



# Responsible RestartOhio

## Skills Training for All Sports



### Mandatory

#### Participants/ Spectators

- **Skills training may begin. Social distancing should be followed. Coaches should designate space for each player to maintain six foot spacing.**
- **Parents/guardians remaining at the training facility should maintain six-foot social distancing practices. No additional spectators are permitted.**
- No-touch rule is in effect. All individuals must avoid physical contact with others including high fives, huddles, or other close contact occurring before, during, and after skills sessions unless the contact is for the purpose of safety. Scrimmages and games are not permitted.
- No congregation should occur before or after the training or practice session.
- Coaches, players, parents/guardians must do a self-symptom check before going to the training session or practice. Anyone experiencing symptoms must stay home.\*

### Recommended Best Practices

- Parents/guardians should wear face coverings inside the training facility.

#### Equipment

- Facilities/clubs/teams must ensure that practice facilities have adequate space for social distancing on and off the field of play.
- Time should be allotted between sessions to allow teams to exit fields/facilities prior to new teams arriving.
- Equipment and items related to the activity must be sanitized before, during and after every event. If equipment cannot be sanitized during the activity, only participants of a single team must use equipment and items related to the activity and opposing participants avoid touching that equipment.
- All protocol included in the Responsible RestartOhio Guidance for Gyms, Dance Instruction Studios, and Other Personal Fitness Venues must be followed.

#### Confirmed Cases

- Immediately isolate and seek medical care for any individual who develops symptoms.
- Contact the local health district about suspected cases or exposure.

- Work with local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing/notifications.
- Once testing is readily available, test all suspected infections or exposures.
- Following testing, contact local health department to initiate appropriate care and tracing.

\*Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.