



The KIS Runathon is this Thursday, October 10th!

Each class will have 45 minutes to walk and/or run around the high school track.

We recommend that the students come dressed appropriately, wear gym shoes, bring a water bottle, an extra shirt and deodorant if wanted.

Please encourage your student to do their best and have fun fundraising through fitness.

Reminder: Please have your student turn in their pledge envelope anytime next week, October 14th -17th. *Every day next week we will raffle off a prize for all of those who turned in a RunAthon donation envelope!* If you have misplaced your envelope, a donation form is attached below.

Thank you for your support!

P.S. We are hoping for great weather, however, if we are forced to postpone the Runathon it will be scheduled the following day, Friday October 11th

